

ANDREA SONYA

ANDREA SONYA
CONSTRUCT

info@andreasonya.com

www.andreasonya.com

Guidance:

On the first day, begin with a few minutes where you read the Construct. Continue on to the first question in the lab, and write your thoughts in a notebook or journal. Address the additional questions in the lab at a pace that works for you. Reflect on any insight gained or growth in progress as you close out the Construct.

Hew a Humble Heart

Psalms 25:9 lets us know “He leads the humble in justice, and He teaches the humble His way.”

A heart filled with humility is a heart that we should strive to possess. Such a heart puts you in a strong position to live blessed. It helps you to begin to understand the heart of God.

God sees His children as worthy of love and eternal life. So much, that He sent His only begotten Son to save us. A humble heart coupled with this truth, leads you to inherently live for Christ. You purpose to walk in His grace, and be a reflection of Him in the earth. This shows a reverence for God.

As the ultimate sacrifice was made for your life, a humble heart leads you to understand that God values your life. With a heart of humility, accept that you are worth more than you could ever know or imagine to God. We know He loves us because Jesus offers us salvation. The lamb was slain from the foundations of the earth (Revelation 13:8). We see that He gives us free will, and though sin entered the earth through disobedience, He always had a plan to redeem us - He did not leave us to perish.

Let the love God has for you, humble you. God’s love is not the world’s love. His love is mighty and cannot be earned. His love carries and keeps you going. When the world seems unloving, know that you have the Master’s love.

Jesus Christ is God the Son delivering us from bondage, and justifying us unto righteousness. Humbly accept this. When you acknowledge Jesus as your Lord and Savior from a place of humility, you position yourself to serve Him exceptionally, and receive from Him incredibly.

Prayer

Dear Jesus, I come to You in humble reverence for all that You did for me. I worship You today Lord, and call on Your Name. Your word says that You teach the humble Your ways (Psalms 25:9). Teach me the way I am to go. Show me where I fall short, and work with me to mature spiritually. May I always walk in humility with You. In Your Name I pray. Amen.

Practical Application / Lab

Consider the scripture:

Psalms 25:9 "He leads the humble in justice, and He teaches the humble His way"

Think about what this scripture means to you.

Write out your thoughts and include any notions that you believe in your heart, even if it contradicts your belief system.

Re-read Psalms 25:9 and think about how you can allow God to teach you His ways. Some approaches to allow God to teach you His ways:

- Learn His word by studying the scriptures and utilizing a study bible
- Listen to bible studies and sermons
- Read literature based on biblical principles
- Apply His word to your thought processes to affect your daily decisions and actions
- Prayer (talking to God)
- Meditation (listening to God)

What are two things that you did over the past few days to begin the process of allowing God to teach you His ways?

Continue to take steps by reading your bible consistently until some of the scriptures and thoughts of God take root in your mind. Develop a routine to spend time with God to allow Him to cultivate a humble heart in you. It is a process, and the goal is to begin the journey, which you have begun this week.