

ANDREA SONYA

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CONSTRUCT

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## Guidance:

*On the first day, begin with a few minutes where you read the Construct. Continue on to the first question in the lab, and write your thoughts in a notebook or journal. Address the additional questions in the lab at a pace that works for you. Reflect on any insight gained or growth in progress as you close out the Construct.*

## **Be a Blessing**

Ephesians 5:1 states “Therefore, let us be imitators of God... .”

Though life keeps us busy each day, it is hard to overlook the blessings in our lives. However, sometimes you have to step back and take a minute, to really notice the small things that your Heavenly Father brings to pass throughout your lifetime.

Know that God wants to use you as His representative in the earth. He will meet you where you are, and if you let Him, He will build you up Himself. When the character of Christ infuses your soul, you become a reflection of Him in the earth. You can now naturally bear the fruits of the Spirit such as love, patience, forgiveness, self-control, or joy. Allowing this to flow freely to others is a great blessing to both you, and them.

Similarly, when others observe your behavior and faith, especially during turbulent times, it opens the door for an encounter with the Rock of your foundation - Jesus Christ. This in and of itself is a blessing. It serves the great commission to spread the gospel, simply through being.

With a humble heart, accept this great privilege. See yourself as an imitator of Jesus. By just being who you are in Christ, you are being blessed, and positioning yourself to be a blessing.

## **Prayer**

Holy Father, thank You for positioning me to be a blessing to others. Help me to see beyond my own thoughts and limitations, and to see myself the way You see me - purposeful and useful to serve Your master plan. May I serve You wholeheartedly, wherever You place me. In Jesus Name I pray. Amen.

## **Practical Application / Lab**

Think of some of the ways that God has blessed you in your thought processes, character, or behavior. Write out your thoughts.

Think about your prior notes, and consider how these blessings may have positively impacted or blessed those around you. This helps you to humbly see how God uses people as His reflection in the earth, including you.

Take some time to praise God for the tangible and intangible blessings in your life. Bring a heart of gratitude to Him.

Reflect on this Construct, and spend some time in prayer as you do this. Over the next few days, consider how prayer blessed your soul. Write out your observation, being specific with the distinct revelation knowledge that you gained.