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# ANDREA SONYA

Catalog

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## **ANDREA SONYA**

### **PURPOSE**

The Andrea Sonya Practice seeks to expand the capacity of people.

### **MISSION**

We equip individuals to develop and mature spiritually and intuitively.

### **PRODUCTS**

The Cultivators is a discipline that includes 50 subjects. Each Cultivator provides self-paced guidance and practices focused on a specific topic.

The Constructs is a discipline comprised of 10 subjects. Each Construct provides leadership insight into projects, processes, positions, and parameters.

The Cultivators and Constructs are each available online through a subscription license.

### **APPLICATIONS**

Applications to Andrea Sonya are submitted online. Approved applicants are granted access to request a subscription license to the Cultivators and/or Constructs.

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### THE CULTIVATORS

The Cultivators help individuals build a relationship with God and perceive Him correctly.

| Item #          | Cultivator Name                |
|-----------------|--------------------------------|
| Cultivator # 1  | Differently                    |
| Cultivator # 2  | God's Nature                   |
| Cultivator # 3  | Being Free                     |
| Cultivator # 4  | A Step in the Right Direction  |
| Cultivator # 5  | Respond To God                 |
| Cultivator # 6  | Taking Giant Steps             |
| Cultivator # 7  | Waiting                        |
| Cultivator # 8  | Ordered Steps                  |
| Cultivator # 9  | Pride                          |
| Cultivator # 10 | Build Purposeful Relationships |
| Cultivator # 11 | Guarding Your Heart            |
| Cultivator # 12 | Submit to His Plan             |
| Cultivator # 13 | Be Committed                   |
| Cultivator # 14 | Build Your Boundaries          |
| Cultivator # 15 | Distractions of Your Life      |
| Cultivator # 16 | Hope                           |
| Cultivator # 17 | Sharpen Your Spiritual Eye     |
| Cultivator # 18 | Recognize God's Voice          |
| Cultivator # 19 | Gratitude and God              |
| Cultivator # 20 | Adopting Christ's Nature       |

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### THE CULTIVATORS (CONT.)

| Item #          | Cultivator Name         |
|-----------------|-------------------------|
| Cultivator # 21 | A Different Perspective |
| Cultivator # 22 | The Walk of Prayer      |
| Cultivator # 23 | God's Expectations I    |
| Cultivator # 24 | God's Expectations II   |
| Cultivator # 25 | Listening Diligently    |
| Cultivator # 26 | Recognize His Blessings |
| Cultivator # 27 | Be of Service to God    |
| Cultivator # 28 | Direct My Path          |
| Cultivator # 29 | God is Always with Us   |
| Cultivator # 30 | It's in Your Nature     |
| Cultivator # 31 | Sufficiency in God      |
| Cultivator # 32 | The First Expectation   |
| Cultivator # 33 | The Essentials          |
| Cultivator # 34 | Draw Close to God       |
| Cultivator # 35 | Keep Praising Him       |
| Cultivator # 36 | Be a Blessing           |
| Cultivator # 37 | A One on One            |
| Cultivator # 38 | Align Your Thoughts     |
| Cultivator # 39 | He Always Cares         |
| Cultivator # 40 | His Mercies             |
| Cultivator # 41 | Footprints              |
| Cultivator # 42 | Be Pliable              |
| Cultivator # 43 | Focus                   |
| Cultivator # 44 | Hew a Humble Heart      |
| Cultivator # 45 | Desires                 |

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### THE CULTIVATORS (CONT.)

| Item #          | Cultivator Name        |
|-----------------|------------------------|
| Cultivator # 46 | God's Mighty Hand      |
| Cultivator # 47 | A Prayer Life          |
| Cultivator # 48 | His Patience           |
| Cultivator # 49 | God and Me             |
| Cultivator # 50 | His Spirit is with You |

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**THE CONSTRUCTS**

The Constructs shares approaches to different facets of leadership to assist individuals to lead effectively.

| Item #                    | Construct Name                       |
|---------------------------|--------------------------------------|
| Leadership Construct # 1  | Leadership & The Personal Experience |
| Leadership Construct # 2  | Strategize                           |
| Leadership Construct # 3  | Executing Tasks                      |
| Leadership Construct # 4  | Checkpoint                           |
| Leadership Construct # 5  | Are You Effective?                   |
| Leadership Construct # 6  | Identify Your Opportunities          |
| Leadership Construct # 7  | Shift Your Perspective on Weakness   |
| Leadership Construct # 8  | The Foundational Truth of Leadership |
| Leadership Construct # 9  | Before Launch                        |
| Leadership Construct # 10 | The Art of Focus                     |

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THE END

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