

ANDREA SONYA

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CONSTRUCT

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## Guidance:

*On the first day, begin with a few minutes where you read the Construct. Continue on to the first question in the lab, and write your thoughts in a notebook or journal. Address the additional questions in the lab at a pace that works for you. Reflect on any insight gained or growth in progress as you close out the Construct.*

## **His Patience is Mighty**

Proverbs 14:29 tells us “Whoever is patient, has great understanding . . . .”

When we stop and think about the patience of Jesus, it is marveling. Christ died for our sins while we were yet still sinners. When you look back at some of your past decisions and actions, you see that Jesus protected you in ways that you did not recognize. He is patient with us as we learn and mature in His character.

Jesus knows the struggles and challenges that you face. He can be touched by the feelings of our infirmities (Hebrews 4:15). He knows the attacks that come your way, and He understands the spiritual warfare that you experience. However, through the finished work of Jesus Christ and the power of the Holy Spirit, we are equipped and strengthened to overcome. We have the full armor of God, a spiritual armor available to us, so that we can experience the truth that we are more than conquerors through Christ (Romans 8:37). Standing in the armor requires patience.

Believing God is good all the time, and using what He gives us (His spiritual armor and the power of the Holy Spirit) helps us to walk in His grace. Ultimately, we witness unto God when we give Him the glory. This is where we walk out our belief system, and express our faith in Christ. This is the return Jesus gets on the investment of patience that He made in us.

It is through grace that we receive and produce this fruit of the Spirit [patience]. As you receive patience, give it. The Lord never expects you to give something that He has not provided to you. Let your patience grow mighty, so that as you give it, you also receive it.

## **Prayer**

Dear Holy Father, thank You for being patient with me over the years. I pray to always know that You will always be there, but to hold myself accountable to grow spiritually and produce fruit. May my capacity for patience grow to override impatience in my soul. In Jesus Name I pray. Amen.

## **Practical Application / Lab**

Patience is a fruit of the Spirit that God desires His children to produce. It opens the door to great understanding where you get access to a different dimension through perception.

Think about whether or not you have demonstrated patience with yourself, others, or with God.

If you believe that you have a great need for God to increase your capacity for patience, talk to Him about it. Let Him know that you would like to produce this fruit, and He will water the seed of patience that He planted in you when He created you. Look out for opportunities where your patience will be needed - this is how He waters the seed so that your patience grows, thus increasing your capacity.

Write out the ways that you see yourself maturing, and know that this is a process that happens throughout time.