

ANDREA SONYA

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CONSTRUCT

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## Guidance:

*On the first day, begin with a few minutes where you read the Construct. Continue on to the first question in the lab, and write your thoughts in a notebook or journal. Address the additional questions in the lab at a pace that works for you. Reflect on any insight gained or growth in progress as you close out the Construct.*

## **God is Always Here**

Joshua 1:5 states “Just as I have been with Moses, I will be with you; I will not fail you nor forsake you.”

God is always here. No matter how you may feel or think, believe the Lord is always with you. Our flesh will lead us to make decisions based on what we see. However, when we tap into our spiritual discernment, the Holy Spirit leads us in all our ways. He reveals God’s presence in and around us, so that we can see clearer and discern the Spirit of the Lord. This will take learning the word of God to grasp His ways. This is a process, because it truly takes believing God to discern His presence in our lives. Scripture tells us that faith comes by hearing; hearing by the word of God.

Purpose to read His word, and believe it. As you press into God’s word, the Holy Spirit will press into you, and dispense wisdom and truth.

## **Prayer**

Dear Father, You said that You will never leave me nor forsake me. May I always believe You are with me, especially when I feel alone. I pray to learn Your word and let the mind of Christ be in me. Thank You for the grace to discern Your presence. In Jesus Name I pray.  
Amen

## **Practical Application / Lab**

God's presence shines through us in different ways - in our character, actions, gifts, and/or talents. Sometimes it is just our position of peace that reflects His presence.

Read and think about Ephesians 6:11-18 - The Full Armor of God.

Throughout the next several days, explore and meditate on how a piece of the armor helps you to stand in a position of faith to grasp the presence of the Lord.

Toward the end of this Construct, review your notes and think about any revelation knowledge that the Holy Spirit imparted onto you - that helped you to discern God's presence.

The Full Armor of God

Gird your loins with the belt of truth

- Have God's word in you as your foundation, and stand on the truth of His word

Put on the breastplate of righteousness

- Have your heart in right standing with God

Shod your feet with the shoes of the gospel of peace

- Receive the peace Jesus gives you, to be at peace with God always, and to walk in peace with those around you

Wield the sword of the Spirit

- Use the sword of the Spirit, which is the word of God - to cut off the attacks of the enemy

Use the shield of faith

- Use the shield of faith to quench the fiery darts of the enemy

Put on the helmet of salvation

- Wear the helmet of salvation to have the mind of Christ in you

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