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# ANDREA SONYA

Catalog

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## **ANDREA SONYA**

Andrea Sonya creates Calibrators and Cultivators.

### **PURPOSE**

The purpose of Andrea Sonya is to help individuals connect with God.

### **MISSION**

The mission of Andrea Sonya is to equip individuals to mature spiritually and instinctually.

### **APPLY**

Applications to Andrea Sonya are submitted online. Approved applicants will be granted access to register for a Calibrator or Cultivator.

Calibrators and Cultivators are 4-weeks, with sessions occurring once each week. Sessions take place virtually.

Andrea Sonya works with clients globally who are primarily licensed therapists and counselors, and licensed medical professionals.

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## THE CALIBRATORS

The Calibrators focus on spiritual maturity through life complexities. Meticulously built, each Calibrator includes an immersive lab to facilitate the calibration or recalibration of belief systems that are core to human functionality.

| Item #          | Calibrator Name |
|-----------------|-----------------|
| Calibrator # 1  | Trust           |
| Calibrator # 2  | Worry           |
| Calibrator # 3  | Despair         |
| Calibrator # 4  | Humility        |
| Calibrator # 5  | Guilt           |
| Calibrator # 6  | Deception       |
| Calibrator # 7  | Confusion       |
| Calibrator # 8  | Courage         |
| Calibrator # 9  | Argumentative   |
| Calibrator # 10 | Peace           |
| Calibrator # 11 | Joy             |
| Calibrator # 12 | Integrity       |
| Calibrator # 13 | Criticism       |
| Calibrator # 14 | Forgiveness     |
| Calibrator # 15 | Patience        |
| Calibrator # 16 | Rejection       |
| Calibrator # 17 | Repentance      |
| Calibrator # 18 | Anger           |
| Calibrator # 19 | Believing       |
| Calibrator # 20 | Courageous      |
| Calibrator # 21 | Depression      |

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### THE CULTIVATORS

The Cultivators include constructs to discern God. The compositions housed within the Cultivators reveal truths to biblical based understandings to perceive the things of God. The Cultivators include a practical with guided exercises to perform.

| Item #          | Cultivator Name                |
|-----------------|--------------------------------|
| Cultivator # 1  | Differently                    |
| Cultivator # 2  | God's Nature                   |
| Cultivator # 3  | Being Free                     |
| Cultivator # 4  | A Step in the Right Direction  |
| Cultivator # 5  | Respond To God                 |
| Cultivator # 6  | Taking Giant Steps             |
| Cultivator # 7  | Waiting                        |
| Cultivator # 8  | Ordered Steps                  |
| Cultivator # 9  | Pride                          |
| Cultivator # 10 | Build Purposeful Relationships |
| Cultivator # 11 | Guarding Your Heart            |
| Cultivator # 12 | Submit to His Plan             |
| Cultivator # 13 | Be Committed                   |
| Cultivator # 14 | Build Your Boundaries          |
| Cultivator # 15 | Distractions of Your Life      |
| Cultivator # 16 | Hope                           |
| Cultivator # 17 | Sharpen Your Spiritual Eye     |
| Cultivator # 18 | Recognize God's Voice          |
| Cultivator # 19 | Gratitude and God              |
| Cultivator # 20 | Adopting Christ's Nature       |

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### THE CULTIVATORS (CONT.)

| Item #          | Cultivator Name         |
|-----------------|-------------------------|
| Cultivator # 21 | A Different Perspective |
| Cultivator # 22 | The Walk of Prayer      |
| Cultivator # 23 | God's Expectations I    |
| Cultivator # 24 | God's Expectations II   |
| Cultivator # 25 | Listening Diligently    |
| Cultivator # 26 | Recognize His Blessings |
| Cultivator # 27 | Be of Service to God    |
| Cultivator # 28 | Direct My Path          |
| Cultivator # 29 | God is Always with Us   |
| Cultivator # 30 | It's in Your Nature     |
| Cultivator # 31 | Sufficiency in God      |
| Cultivator # 32 | The First Expectation   |
| Cultivator # 33 | The Essentials          |
| Cultivator # 34 | Draw Close to God       |
| Cultivator # 35 | Keep Praising Him       |
| Cultivator # 36 | Be a Blessing           |
| Cultivator # 37 | A One on One            |
| Cultivator # 38 | Align Your Thoughts     |
| Cultivator # 39 | He Always Cares         |
| Cultivator # 40 | His Mercies             |
| Cultivator # 41 | Footprints              |
| Cultivator # 42 | Be Pliable              |
| Cultivator # 43 | Focus                   |
| Cultivator # 44 | Hew a Humble Heart      |
| Cultivator # 45 | Desires                 |

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### THE CULTIVATORS (CONT.)

| Item #          | Cultivator Name              |
|-----------------|------------------------------|
| Cultivator # 46 | God's Mighty Hand            |
| Cultivator # 47 | He Hears Our Prayers         |
| Cultivator # 48 | His Patience                 |
| Cultivator # 49 | God and Me                   |
| Cultivator # 50 | His Spirit is with You       |
| Cultivator # 51 | Have a Conversation with God |
| Cultivator # 52 | He Leads by Example          |
| Cultivator # 53 | Answer Him                   |
| Cultivator # 54 | Faithful to the Relationship |
| Cultivator # 55 | Get in God's Presence        |

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THE END

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