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CONSTRUCT

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Guidance:

On the first day, begin with a few minutes where you read the Construct. Continue on to the first question in the lab, and write your thoughts in a notebook or journal. Address the additional questions in the lab at a pace that works for you. Reflect on any insight gained or growth in progress as you close out the Construct.

A One on One

James 4:8 tells us “Come near to God and He will come near to you...”

Throughout our lives, we have many opportunities to praise God. Whether this is corporately, or individually, it is a moment in time where we can rejoice in the Lord.

However, it is important to study your Bible and just meditate. Purpose to surrender time in your day for God, or incorporate a daily one on one with Christ into your schedule. This is a sacred time that God communes with you - teaching you truths about His ways.

These are the moments that He deals with the root of issues in your heart. In these “one on ones”, He shares spiritual principles that reveal a new way of being. Keep in mind, His ways are not our ways, and His thoughts are not our thoughts (Isaiah 55:8).

This positions you to face life experiences with a mind open to God so that you can develop and strengthen your spiritual muscles. You grasp new ways of living, where you know, though you are in the world, you are not of it. You witness by inherently reflecting Christ in your nature.

Each child of God needs time with Him. Make it a point to not loose that time but to use that time.

Prayer

Heavenly Father, thank You for being a God Who made a way for us to have a relationship with You. I pray to continuously invest in myself by investing in You so that I can grow and mature spiritually. May the fire in my heart ignite and forever burn for You. I pray to discern You in my everyday life, as I receive what You pour into me daily. In Jesus Name, I pray. Amen.

Practical Application / Lab

Decide on a specific time next week to have a daily one on one with God. Try to be consistent with the time each day of the week.

Pray and ask the Lord to lead you in His Word in order to guide your one on one with Him. Know that God meets you where you are, so look for His leading in a very simple yet obvious way. He will present resources to you that are centered around His Word. This may be writings, oral sermons, or visuals. Recognize His leading in the guidance resources He brings to you.

Wherever He leads you, focus on the Word being shared through or in that resource. Expect God to commune with you in this time. Your spirit will discern revelation knowledge being imparted unto you.

Each day, show up with expectation and believe He is with you. Growth takes time, but if you allow God, He will take this walk with you through daily steps.