

ANDREA SONYA

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CONSTRUCT

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## Guidance:

*On the first day, begin with a few minutes where you read the Construct. Continue on to the first question in the lab, and write your thoughts in a notebook or journal. Address the additional questions in the lab at a pace that works for you. Reflect on any insight gained or growth in progress as you close out the Construct.*

## **Sufficiency in God**

II Corinthians 3: 4 - 5 lets us know that “4 Such confidence before God is ours through Christ. Not that we are competent or sufficient in our own self, 5 but our power and ability and sufficiency are from God.”

The world and all of the earth are presented to us by God, and the gift He gives us is the ability and charge (accountability) to have dominion over it. This includes doing business. The capacity to develop the land and cultivate the ground was not born of our own self-will, but is God's will coupled with the abilities He enabled us to use. To naturally build and sustain is inherent to our nature, and this is a gift from God.

If you are in a current season of challenges, stretch your faith and acknowledge God for His presence. The bible tells us that God has dealt to every person a measure of faith. Just the ability to exercise our faith is a gift from God. Let this sink into your soul. He gives us the measure of faith, and the ability to exercise it, but He will not exercise it for us. We must do this ourselves in order to activate the power, abilities, and sufficiency He has entrusted to us.

Recognize that the Holy Spirit dwells in the earth to guide us - and give us power to be who God called us to be, so that we can do what He created us to do.

## **Prayer**

Dear Father, I pray to always recognize and appreciate the sufficiency I have in You. Whether I am in the valley, or on the mountain top, You supply all of my needs according to Your riches in glory. You are my source, and may I always know that I am enough in Christ. In Jesus Name I pray. Amen.

## **Practical Application / Lab**

Describe what II Corinthians 3:5 means to you.

Stretch your faith to see God's sufficiency, especially in any challenges this week. Pray and ask the Holy Spirit to help you to see the peace He has given you, the patience He is strengthening in you, or the faith He wants you to exercise.

Think about the change in heart, thought process, and attitude that helped you to see that you had all that you needed during this week. Even if something(s) did not work out as expected, consider the peace you possessed, or the relentless faith in God that still remains in you.