

ANDREA SONYA

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CONSTRUCT

[info@andreasonya.com](mailto:info@andreasonya.com)

[www.andreasonya.com](http://www.andreasonya.com)

## Guidance:

*On the first day, begin with a few minutes where you read the Construct. Continue on to the first question in the lab, and write your thoughts in a notebook or journal. Address the additional questions in the lab at a pace that works for you. Reflect on any insight gained or growth in progress as you close out the Construct.*

## **It's All in Your Attitude**

Proverbs 4:23 tells us “Above all else, guard your heart, for everything you do flows from it.”

When it comes to the matters of life, your Heavenly Father is always concerned with your heart. He looks at the conditions that make you think and act the way you do. God sees the heart behind the action.

If your heart is driven by desires that do not line up with the word of God, pray to the Lord to change your heart condition. This will require an investment on your part. Meaning, you will have to read His word, and expand your learning by engaging sermons and bible studies from trusted resources. As you go through the process to learn, believe, pray, and apply the word to your life - you open the door for God to change your heart condition.

Sometimes it is our attitude to become a better person in the body of Christ that gets God moving in our situations. The Lord is usually concerned with changing your heart, and will oftentimes leverage your circumstances to accomplish His purpose. Just as God looks beyond the outward appearance of man, you are to look beyond what you see in your circumstances, and believe God's word though it often contradicts your situation. This is expected because His word changes things, and your faith grows by hearing the word of God. God moves by faith, therefore, He wants to get your heart right so that you can be in position to receive the supernatural blessings and miracles He has for you.

As our Heavenly Father looks at the heart of man, look at your own heart. Think about who God says you are, then receive His grace and power to push past negative feelings. Just doing this very act shows that you are taking the first steps to grow in Christ, which reflects your faith.

## **Prayer**

Dear Lord God, thank You for making a way for me to know Your will and Your ways. I humble myself as You work on my heart, making me more like Christ. I pray that my attitude will be made right before You, and that I may invest in my growth as You have invested in me. In Jesus Name I pray. Amen.

## **Practical Application / Lab**

Consider the book of Proverbs in the Bible, and select several verses that speak to your heart during this particular season of your life.

Throughout this Construct, take one of these verses and think about how it helps you to guard your heart. Over the next several weeks, choose other verses to reflect upon.

Write out your thoughts on the wisdom found within the text. It is healthy to ponder any areas for growth in your personal self that the proverb(s) reveal to you.

Take your time in this Construct.